

RULES AND REGULATIONS

Article 1. RACE ORGANIZER

- 1.1 ORLEN NATIONS GRAND PRIX is organized by:
Lang Team Ltd.
Biuro Organizacji Imprez Sportowych
Pachnqca 81 Street
02-792 Warsaw
tel.: 48-22 649 24 91 or 96
tel.: 48-22 648 40 31
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www.langteam.com.pl

Race director : Czesław Lang

The race will be held from 12th to 13th of September 2020 in Rzeszów.

Article 2. RACE TYPE, ELIGIBILITY AND POINTS

- 2.1. Race is open to athletes of Men U23 category (National teams, regional and club teams) and shall be held as UCI class 2.2 NCup event. It shall be conducted in accordance with the UCI regulations and these Rules and Regulations as two competitions.
- 2.2. 12.09.2020: stage 27 kilometres-long team time trial –teams are coming to the start with a maximum of 6 and a minimum of 4 riders.
- 2.3. 13.09.2020: stage 135 kilometres-long stage teams are coming to the start with a maximum of 6 and a minimum of 4 riders.
- 2.4. The following classifications are applicable to ORLEN Nations Grand Prix
- 1 General Classification
 - 2 The Best Team Classification
- 2.4.1 The General Individual Classification will be conducted on the basis of the sum of times obtained by the competitors in each stage. With the same sum of times with a better place in the classification, a better place at stage 2 decides
- 2.4.2 For the general team classification - the main prize of the race - the Nations Cup is the total number of times scored in each stage. At the first stage in accordance with point 10.1 of the regulations. In stage 2 according to the sum of times 3 of the highest ranked riders of the team at this stage
- 2.4.2.1 In the case of equality of time, the order is determined by the criteria contained in the provisions of UCI paragraph 2.6.016
- 2.5. The races will be scored according of the UCI regulations art. 2.10.008 and 2.14.027

Article 3. RACE OFFICE

- 3.1. Race office, located in Hotel Rzeszów, at Piśtudskiecko 44 Street in Rzeszów, shall be open on 12.09.2020 from 8:00 a.m. to 1:00 p.m.
- 3.2. Team representatives are requested to confirm the participation of selected riders and collect race numbers from the race office on 12.09.2020 from 8:00 a.m. to 9:45 a.m.
- 3.3. In accordance with article 1.2.087 of the UCI regulations, team managers' meeting in the presence of commissaires' panel shall take place 12.09.2020 from 10:00 a.m. to 11:00 a.m. in Hotel Rzeszów, at Piśtudskiecko 44 Street in Rzeszów.
- 3.4. Briefing for marshalls and media motorbike pilots (TV, radio, press) shall take place on 12.09.2020 from 11:00 a.m. to 12:00 a.m. in Hotel Rzeszów, at Piśtudskiecko 44 Street in Rzeszów.

Article 4. ELIGIBILITY

- 4.1. In accordance with article 2.1.005 of the UCI regulations, the race is open for:
 - National U23 Men Teams (one team per nation)
 - U23 Men Mixed Teams
- 4.2. All race-related information shall be sent by the organizer to the invited teams no later than 30 days before the start of the race. Teams participating in the race must return the completed UCI information bulletins no later than 20 days before the start of the race. Any changes to the names of riders participating in the race and reserve riders must be sent to the organizer no later than 72 hours before the start of the race. A relevant e-mail address is provided in the article 1 of these Rules and Regulations (2.2.005 UCI regulations).
- 4.3. In the registration form, the number of service cars used during the race, their brand, type of vehicle and registration number shall be provided.
- 4.4. Each invited team shall be composed of 6 riders and a maximum of 4 accompanying persons.
- 4.5. In accordance with Poland's current safety requirements, it is mandatory to wear a rigid safety helmet during the race.
- 4.6. Race numbers received from the organizer of the Race must be fixed in accordance with relevant UCI regulations.
- 4.7. Displaying the names and logos of commercial sponsors on the clothing is permitted, if in accordance with relevant UCI regulations.
- 4.8. It is mandatory for each rider to sign the start list before the start of the race.
- 4.9. All invited teams must possess their own service cars.
- 4.10. All members of the teams participating in the race must possess an accidental death and dismemberment insurance (NW). The insurance certificates must be presented to the commissaires' panel during the process of accreditation before the start of the race.

- 4.1.1. All service cars must have a third-party liability insurance (OC) and comprehensive motor insurance (AC) insurance. The insurance certificates must be presented to the commissaires' panel during the process of accreditation before the start of the race.

Article 5. RADIO - TOUR

- 5.1. Information about the race will be broadcast using the frequency of 168,512,5 MHz.

Article 6. TECHNICAL ASSISTANCE

- 6.1. During respective races, UCI regulations regarding technical service during a stage race and a team time trial shall apply.

Article 7. NEUTRAL SERVICE

- 7.1. The neutral technical service will be provided by MAVIC.

Article 8. INCIDENTS WITHIN THE LAST THREE KILOMETER

- 8.1. In case of crash or mechanical problem in the last three kilometres, the articles 2.6.027 and 2.6.028 of the UCI regulations shall apply.

Article 9. TIME LIMIT

- 9.1. During the race the time limit of 10% shall apply. In accordance with article 2.6.032 of the UCI regulations, in exceptional or unpredictable cases and of force majeure, the commissaires panel may extend the finishing time limits after consultation with the organizer.

Article 10. CONDUCT OF THE RACES

10.1. ORLEN NATIONS GRAND PRIX TEAM TIME TRIAL

In accordance with these Rules and Regulations and the UCI regulations, the team time trial will be held on 12.09.2020 on the 27 km.

Teams must be composed of maximum 6 riders and minimum 4 riders. The team time trial classification shall be determined on the basis of the time of the 3rd rider of the team to cross the finish line. Teams shall start in the 3 minute intervals. Times shall be taken to the nearest one-hundredth of a second. The starting order shall be communicated during Team Directors meeting. Specific team time trial bicycle is prohibited during the team time trial. The use of extension handlebars (arrow bars) and disc wheel is also prohibited.

10.2. ORLEN NATIONS GRAND PRIX – STAGE II

In accordance with these Rules and Regulations and the UCI regulations, the race will be held on 13.09.2020 on the about 135 km. The use of radio links or other remote

means of communication by or with the riders, as well as the equipment that can be used in this way, during the race is prohibited.

Article 11. AWARDS CEREMONIES

- 11.1. Immediately after the end of each stage, the awards ceremonies shall take place.
- 11.1.1. Team Time Trial – teams placed 1st to 3rd
- 11.1.2. Rider of the general classification.
- 11.1.2. Road race:
- 11.1.2.1. Riders placed 1st to 3rd
- 11.1.2.2. Riders placed 1st to 3rd of the Individual general classification
- 11.1.2.3. The best team of the general team classification
- 11.1.2.4. The leading team in the Nations' Cup after ORLEN Nations Grand Prix

Article 12. FEEDING ZONE AND GREEN ZONE

- 12.1. There will be no stationary feeding zones shall be designated by the organizer. According to the new regulation due to the COVID-19.
- 12.2. Food and drink shall be provided only from a service car exclusively behind the first commissaire's car no sooner than about 30 kilometres from the start of the race and no later than 20 kilometres before the finish line.
- 12.3. A group of 15 riders or less may be supplied with food and drink from team car at the rear of that group.
- 12.4. Green Zone, where riders will be allowed to dispose of bidons and waste, shall be in the half point of the stage and also between 20 -10 kilometres before the finish line. Green Zone shall be cleaned by the organizer after the passage of a broom wagon.

Article 13. ANTIDOPING CONTROL

- 13.1. During the ORLEN NATIONS GRAND PRIX, anti-doping controls shall take place in accordance with the UCI regulations. These regulations are in accordance with local anti-doping rules.
- 13.2. Anti-doping tests shall take place close to the finish line.

Article 14. FINES

- 14.1. Fines shall be applied exclusively in accordance with the UCI regulations.

Article 15. PRIZES

ORLEN NATIONS GRAND PRIX			
Place	TTT	Stage 2	General Classification
	Gross value (EURO)		
1 st	1 205,00 €	1 205,00 €	1 205,00 €
2 nd	600,00 €	600,00 €	600,00 €
3 rd	300,00 €	300,00 €	300,00 €
4 th	150,00 €	150,00 €	150,00 €
5 th	120,00 €	120,00 €	120,00 €
6 th	90,00 €	90,00 €	90,00 €
7 th	90,00 €	90,00 €	90,00 €

8 th	60,00 €	60,00 €	60,00 €
9 th	60,00 €	60,00 €	60,00 €
10 th	30,00 €	30,00 €	30,00 €
11 th to 20 th	30,00 €	30,00 €	30,00 €

*** For foreign riders a flat-rate tax is 20%. Against doping we will deduct -2% from the prize money.**

Article 16. RULES OF THE ROAD AND SAFETY

- 16.1. The road race shall be held in the conditions of a limited road traffic. Lateral traffic and traffic going from the opposite direction shall be closed for the duration of the passage of the race.
Team time trial shall be held on the route closed to road traffic.
- 16.2. When riding outside of the race convoy, riders and other participants must abide by the traffic code currently in force in Poland.
- 16.3. Throughout the race, riders and other participants must abide by the UCI regulations.
- 16.4. The drivers of the vehicles in the race convoy must fully comply with the instructions of commissaires' panel, race organizer and the police.
- 16.5. Before the finish line and at the finish of the race it is mandatory to abide by the instructions of the commissaire driving at the front of the race convoy, designated car parks-related signposts, which are signalized by relevant colours, and instructions issued by race staff. The vehicle must not be stopped or left for no reason. If, however, that is necessary, it should be parked in a designated place.
- 16.6. During the race any vehicle in the race convoy must be marked with a colourful information sticker received from the organizer during the process of accreditation. All the signages received from the organizer must be stucked to the car.
- 16.7. Each team vehicle shall be allotted its distinct number which will determine its place in the race convoy. The numbers must be stucked on the left rear side of the bodywork of the vehicle and on the bottom right side of the front window. The numbers shall be provided by the organizer.
- 16.8. While driving in the race convoy before and at the time of the race, passing beam should be used. In the vehicles coming to help, driving beam should be used.
- 16.9. In case of collision or accident it is mandatory to stop the vehicle, display the warning sign informing about the stopped vehicle, provide first aid to the casualties and inform the police unit present at the race about the accident.

RULES AND REGULATIONS – CONCLUDING PROVISIONS

- I. Team car drivers and persons accredited to the race are morally and financially responsible for:
 - 1.1. Familiarizing the riders and other members of the team with these Rules and Regulations and other official race documents.
 - 1.2. Strictly abiding by the programme of the race and instructions of race organizer and commissionaires' panel.
 - 1.3. Any damage in the apartments utilized by accredited persons and teams, and for leaving these apartments in the proper condition.

- 1.4. Settling any accounts payable, including extra services commissioned by team members and accredited persons.
 - 1.5. Radio devices and cars allotted by the organizer. Any person who collects radio devices and cars must return them to the organizer immediately after the end of the last stage of the race during the opening hours of the race office. The cars allotted by the organizer must be kept in guarded car parks. Otherwise, in case of carjacking, car damage or missing of the car, the organizer shall surcharge the person who collected the car.
2. The ORLEN NATIONS GRAND PRIX participants (riders, accompanying persons and technical staff) must possess a valid accidental death and dismemberment insurance certificate, which includes ambulatory care and hospital stay.
 3. The organizer is not responsible for accidental events ensuing at the time of participants' arrival to and departure from the race.
 4. Each participant takes part in the race on his/her own responsibility.
 5. The riders participating in the race give permission for their image to be used in any photo taken during the race for the promotional purpose of the race organizer and sponsors.
 6. The organizer does not bear material liability for things lost during the race.
 7. The organizer shall provide any rider and accredited persons participating in the race with accommodation from 11.09.2020 from 2 p.m. to 13.09.2020 till 12 p.m.
 8. The organizer does not cover the costs of team arrivals (accommodation and alimentation) before the day of the official accreditation. Persons arriving early are directly responsible for these costs.
 9. Unfamiliarity of and non-compliance with the Rules and Regulations of the ORLEN NATIONS GRAND PRIX shall not be taken as an excuse by the organizer.

ORLEN NATIONS GRAND PRIX ORGANIZER

LANG TEAM Ltd.

The Rules and Regulations have been approved by the Polish Cycling Federation.

POLSKI ZWIĄZEK KOLARSKI
Komisja ds. Regulaminów
REGULAMIN ZATWIERDZONO
Pruszków, dn. 27.08.2020

DYREKTOR SPORTOWY
Polskiego Związku Kolarskiego

Marek Lesniewski